

Quail Run Ladies 9-hole League

9774 Alabama Avenue Sun city, AZ 85351 623-876-3035

Newsletter February 2025



Welcome to our newest members

Jackie Campeau

Jennifer Liang

Sherry Kelter

Therese Pizanti

Mary Weber

Theresa Narantic

Toni Vondra



Golf Tournament fundraiser raised \$16,000.00 for the Larry Fitzgerald Foundation **Breast Believe.** Pictured at right: Breast cancer

survivors with Larry Fitzgerald.

The 2024 Pink Ribbon



Getting to Know our Members:

Jennifer Liang

Born and raised in West Canaan, NH.

I have 3 kids and 2 step children.



My husband Robert and I moved to Lake Havasu City, AZ, in September 2016. This past May 2024 we moved to Sun City.

I started my career in EMS in 2014 after working as a Substance Abuse Counselor for Vermont DOC for 8 years. I worked as a Firefighter/EMT for Littleton Fire Rescue in Littleton, NH and eventually went to work for AMR out of Nashua, NH. I transferred to AMR in Lake Havasu City in 2016. I became a paramedic in 2017 and in October 2020 I began working for Bullhead City Fire Department in Bullhead City, AZ. In March 2022 I was hired by Classic Air Medical in Fort Mohave, AZ as a Flight Paramedic and obtained my Flight Paramedic Certification (FP-C) in June 2024. (There are approximately 8000 people in the WORLD that hold this certification).

For hobbies I enjoy many things. I bowl in a bowling league once a week. I also enjoy golf (obviously) as well as many arts and crafts. As a side business I hand paint greeting cards and make custom orders for cards, stationery and stickers. I also enjoy crocheting blankets and hats. When I am not busy doing all of those other things, I hang out with my furbabies (My cats Simon and Miss Henry) and reading any book I can get my hands on.



Upcoming Events:

Chili Scramble

Friday, February 28

Nine, Wine, & Dine

Friday, March 28

Spring Luncheon

Thursday, April 3

Quail Closed for Remodel

Monday, April 7

Lakes East will accommodate players

Shirts!

Did you know that you can purchase your own shirt, vest or jacket and our new company will embroider the logo on for only \$13.50?

We do have a great variety of things you can order from us.

Here is a quick list:

- Traditional green logo shirts,
- White or Black sleeveless logo shirts,
- White or Black lightweight microfleece zip-up jackets,
- Warm heavier jacket in black only.
- Plus, logo Visors in either white or black....
 these are very cute and only \$15.00.

Please email, text or call Catherine Davis with your order or questions.

www.quailrunladies.com

Want to look up a club member, or print a copy of the Member Handbook?

Find this information by logging in to the

The Member Directory is password protected.



Sunshine rays going out to:

Judi Wittman

Barb Heric

Tina Hancox





Golf tip:

The Putter!



Your putter is the most important club in your bag. Putting can make or break your score, as you use the putter on every single green. You need to have confidence using your putter because even if your golf swing is off, your putter can save the day!

Line it Up (Target Line Consistency)

- Place two club on the ground far enough apart to fit your ball and your putter.
- Ensure that the clubs are parallel and aimed in the line you want to follow.
- Swing your putter and if it touches any of the clubs on either side, you know your putting stance is negatively affecting your line.
- Work until you can swing without touching the other clubs.
- The putter should swing straight like a pendulum, no curving.
- NEVER feel rushed to make your putt, even a short one.

Third Tuesday Social

South Golf Course Patio

On the third Tuesday of the month, we will meet after golf on the patio of South Golf Course for coffee, brunch, or whatever you order.

This is just a casual gathering to give us a chance to visit and get to know other members of our league.

Got an idea for the next issue? If you have a story, suggestion, or a for-sale listing, or other content to add to the newsletter, please contact

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